Letter from the President

Welcome to the Fall Edition of our Newsletter.

I enjoyed catching up with a lot of you at Family Medicine Review. Seeing as it was our 60th Anniversary we were privileged to have both our previous CEO, Dr. Cal Gutkin and our current CEO, Dr. Francine Lemire in attendance. Dr. Kathy Lawrence, our own home grown National President was there along with many of our Past Provincial Presidents. We had a few changes this year to our ASA, as we went electronic with our conference notes posted to the website. Be prepared, as next year we will not be sending out conference brochures by mail but will instead be distributing them by e-mail.

We are doing our best to “Go Green” on the environment and “Go Lean” on our budget. The conference committee will be meeting in December to review your comments and suggestions, decipher which of our changes worked and which didn’t and to plan next year’s event. I look forward to meeting everyone in Regina next September.

Dr. Paul Sawchuk from Winnipeg was kind enough to present the Patient’s Medical Home to the SMA Primary Care Working Group. It was interesting to hear his experience in Manitoba.

I will be meeting with the SRNA again on Tuesday. Along with the SMA, we will work towards a collaborative understanding of each other’s role primary care. I will represent the importance that we place on continuity and comprehensiveness of care and making sure that our role is not eroded in these important pillars of our PMH.

I am also meeting with the contractors this week to proceed with contracts for the construction of our office. Our new office, as many of you know, will be on Airport drive, and we will be sharing the premises with the College of Physicians and Surgeons, the SMA and the Saskatoon Regional Medical Association (SRMA). We have been working hard to build positive relationships with our sister organizations and I feel we have done so. Shona and I really look forward to the future when we will all physically be under one roof and can build on these relationships even further.
We are looking for volunteers! We need representation on the Advisory Committee on Family Practice, Enhanced Skills Surgery Committee and the First Five Years of Practice Sub-Committee. Shona has details outlined on all of these committees to follow in the newsletter.

Shona has been working very hard on our new website and it is up and running – please check it out.

Dr. Cutts, Shona and myself are off at the end of the week to Quebec City for our National Board meetings to be followed by Family Medicine Forum. Hope to see you at FMF and please stop me there to discuss how you think we are doing and any suggestions you may have to improve the running of the College.

Paula Schwann MD CCFP FCFP
President

2014 ASA and Awards Gala

The 60th Annual Scientific Assembly was a success with almost 150 participants. Family Physicians who attended earned 11.5 Mainpro M1 credits for attending both days.

Please join us in congratulating our 2014 Award Recipients. Awards were presented at the Gala on Friday night of the ASA.

Dr. Michael Krochak Award- Dr. James Irvine
Awards of Excellence- Drs. Janet Tootoosis and Ryan Meili
Community Teacher of the Year- Dr. Breanna Davis
Saskatchewan Family Physician of the Year- Dr. Nora McKee

Please visit our website for a full list of 2014 award recipients.
http://sk.cfpc.ca/honours/2014-recipients/

The Annual Meeting of Members occurred on Friday September 25th at noon as part of the ASA. At the AM the new Saskatchewan College by-laws were approved. The by-laws can be found on our website at:
http://sk.cfpc.ca/about/bylaws/
Question & Answers

**Q: How do I nominate a co-worker for a provincial Award?**

A: In January, the nomination forms will be available on our website. Each award has a different form and different requirements. If you have an outstanding co-worker, or know of a physician who should be recognized please take the time to nominate.

**Q: I have never attended the Family Medicine Forum, why should I go?**

A: Our delegates tell us that they attend FMF not only for the wide variety of quality CPD offered, but also for the opportunity to meet and catch up with colleagues and friends from across the country.

If you have more questions about FMF, taking place in Quebec this month visit the FAQ page: [http://fmf.cfpc.ca/faq/](http://fmf.cfpc.ca/faq/)

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Upcoming CPD Events

Upcoming CPD events in Sask. can also be found by visiting [http://www.cfpc.ca/UpcomingEvents/](http://www.cfpc.ca/UpcomingEvents/)

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<td>Nov 06, 2014</td>
<td>The Role of the Kidneys in Diabetes Control: Focus on SGLT2 Inhibitors</td>
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<td>Moose Jaw</td>
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<td>Nov 04, 2014</td>
<td>Staying the Course / Maintenir le cap</td>
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<td>Regina</td>
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Are you in your First Five-Years of Practice?

The Saskatchewan College of Family Physicians is forming a First Five-Years of Practice subcommittee. If you are interested in being part of the committee, please contact our office.

The FFYOP subcommittee will be a support for those physicians who are just starting our in the practice. More information will follow in the coming months.
Family Doctor Week in Canada

The College of Family Physicians of Canada has declared the week of November 10th to November 15th, 2014 as Family Doctor Week in Canada.

Each and every day in this country, family doctors diagnose and treat illness and injury, promote disease prevention and good health, coordinate care and advocate on behalf of their patients. They not only provide primary medical care but also a substantial portion of secondary and tertiary care in many communities, working from their offices as well as hospitals, their patients’ homes, nursing homes, and other community facilities. Public surveys repeatedly show that Canadians hold family doctors in high regard for the quality of care they provide. In addition to patient care, family doctors are involved in teaching students and residents in our 17 Canadian medical schools and in conducting research that is a valuable contribution to the practice of family medicine.

In celebration of Family Doctor Week in Canada, the College of Family Physicians of Canada will be holding its annual Family Medicine Forum in Quebec City this year.

The College of Family Physicians is a national voluntary organization of family physicians that makes continuing medical education of its members mandatory.

The College strives to improve the health of Canadians by promoting high standards of medical education and care in family practice, by contributing to public understanding of healthful living, by supporting ready access to family physicians services, and by encouraging research and disseminating knowledge about family medicine.

THE SCFP HAS A NEW WEBSITE:

SK.CFPC.CA
Patient’s Medical Home
Dr. Paul Sawchuk came to Saskatoon to present the Patient’s Medical Home at an SMA event in September. The National College has also launched a website for the PMH concept:

http://patientsmedicalhome.ca/

If you have not already seen Dr. Werner Oberholzer’s video on his experience with a rural Patient’s Medical Home you can view it here.

The Patient’s Medical Home website also has a self-assessment tool. The tool can be used by clinics to see how your clinic is doing as a PMH, and where potential areas of improvement are.
FMF Patient’s Medical Home Event

Team & Patient-Centred Communication for the Patient’s Medical Home (PMH)

OVERVIEW
Communication underlies successful healthcare. Over the years, healthcare and medical training continue to devote more attention to the development of communication skills. Previously, healthcare professionals had to rely on their innate communication talents, any mentoring they may receive and following the examples of others they observed. Today, however, students are required to demonstrate competency in communication, and clinicians in practice are increasingly evaluated on their communication skills. Further, there is broad recognition that effective communication must be learned, practiced and reinforced by all members of the healthcare team—not only clinicians.

Communication skills and techniques can be improved through training and practice. Research has demonstrated that enhanced communication skills improve diagnostic accuracy, patient involvement in decision-making, and adherence to therapeutic regimens. Additional benefits are an increase in patient and team satisfaction and a reduced likelihood of exposure to malpractice litigation.

CONTENT
The Institute for Healthcare Communication’s (IHC) “Team & Patient-Centred Communication for the Patient’s Medical Home” (PMH) workshop gives learners specific skills in a safe and supportive learning environment.

The key goals for this communication training workshop are to:

1. Help all members of healthcare teams understand, embrace and develop effective communication skills required for PMH;
2. Improve patient care and satisfaction;
3. Increase patient adherence and self-management;
4. Increase healthcare team satisfaction; and
5. Reduce medical error and liability risk.

The PMH workshop presents two inter-related models of communication that form the foundation and framework for skills and principles that are transferable to interactions with patients and with members of the medical home team. These are IHC’s “E4” medical communication model and Gittell’s Relational Coordination model. The content, principles and models used in this workshop are supported by extensive research conducted during the past thirty years in patient-centered care, healthcare communication and team communication.
METHODOLOGY
The workshop is a fast-paced interactive program designed to provide learners with opportunities to practice skills and techniques, not simply to hear about them. The format for the session combines brief presentations, video case review with interactive exercises, active learning techniques, and discussions. Nearly 70% of the workshop is devoted to interactive, experiential learning. The PMH workshop can be adapted for presentation in sessions of varying duration; the 5.5 hours of content can be presented as one program of 6 or 6.5 hours (depending on breaks), or two 3-hour segments.

LEARNING OBJECTIVES
- Identify evidence-based reasons why communication is important in your daily PMH practice;
- Describe communication tools to increase your effectiveness in PMH interactions and with your patients;
- Practice using communication and team relational coordination tools with your colleagues, utilizing peer and coaching feedback; and
- Select and commit to using at least 2 tools in your daily practice.
### Board of Directors

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<td>Dr. Paula Schwann</td>
<td>President</td>
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<td>Dr. Danielle Cutts</td>
<td>President-Elect</td>
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<td>Dr. Andries Muller</td>
<td>Treasurer</td>
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<td>Dr. Myles Deutscher</td>
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<td>Dr. Mark Cameron</td>
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<td>Dr. Dalibor Slavik</td>
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<td>Dr. Alanna Danilkewich</td>
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<td>Dr. Jess Melle</td>
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<td>Dr. Kevin Wasko</td>
<td>Member, First Five-Years of Practice</td>
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<td>Dr. Barbara Konstantynowicz</td>
<td>SMA Section of GPs Representative</td>
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<td>Dr. Katherine Lawrence</td>
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<td>Dr. Don Stefiuk</td>
<td>Research &amp; Education Foundation</td>
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<td>Dr. Isa Saidu</td>
<td>Family Medicine Resident</td>
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We are looking for a representative for the Advisory Committee on Family Practice. If you think you would be interested, please contact our office.
Call for CFPC Enhanced Skills Surgery Committee Representation

Dear chapter members,

The Enhanced Skills Surgery Committee is seeking a representative for the Saskatchewan/Manitoba and Québec regions. This program committee is part of the Section of Family Physicians with Special Interests or Focused Practices (SIFP) and includes CFPC representation from 5 regions of Canada. The purpose of this committee is to better support family physicians with enhanced skills surgery as an area of special interest and/or focused practice, assist the CFPC in better meeting the needs of these members in areas pertaining to education, continuing professional development, advocacy, networking, and health policy, as well as work with the CFPC in ensuring that this particular care area is included as part of continuing comprehensive care provided by all family physicians to their patients.

Committee member involvement includes:

- Attend face-to-face committee meetings annually in Mississauga, ON (The first committee meeting is scheduled for November 20, 2014)
- Participate in two to four teleconferences per year
- Provide input electronically through email as required throughout the year

If you are interested, we would ask that you please provide an expression of interest including a brief CV or summary of your professional experience in the area of enhanced skills surgery, and indicate whether you have a focused practice in this area or whether this is part of a comprehensive continuing care practice.

For more information, please contact André Girouard, SIFP program coordinator, at agrouard@cfpc.ca, or the Associate Director for the SIFP program who will work with us, Roy Wyman, at rwyman@cfpc.ca. We will gladly respond to any inquiries.

Please forward the requested information to our attention no later than November 10, 2014.

Thank you,

Dr. Brian Geller,
Chair, Enhanced Skills Surgery program committee

For terms of reference, please click here.