Spring 2015 Newsletter

Letter from the President

SPRING NEWSLETTER

Welcome to Spring – let’s hope it stays!

Just a short update to let you know what we have been up to at the College

1. **Roy Romanow Presentation** - On March 2nd our National CEO Dr. Francine Lemire and our National President Garey Mazowita and I met at the Saskatoon Club to present Roy Romanow with an Honorary Membership to the College of Family Physicians of Canada. We had an interesting morning discussing where we have come from and where we are headed with healthcare across the country.

2. **ASA** – Our ASA planning is coming along very well and we are looking forward to a great conference in Regina on the 24th, 25th and 26th of September. Please remember that we are going green this year so the invites and registration will all be via e-mail and computer.

3. **Relations with Nurse Practitioners** – I have had several meetings with the NPs, SMA and College of Physicians and Surgeons and we are close to coming out with a joint statement on what collaborative care between our organizations should look like. I have just finished revising the last document with the help of the National College and will be submitting it to the joint group shortly. Initial meetings were a little testy but subsequent meetings have really been productive.

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4. **New office** – Shona and I have been meeting almost weekly with the SRMA and SMA representatives and project managers for our new office. I think it will look wonderful and will be nice to have a permanent home. As is normal in most construction, our move in date has been delayed somewhat and I think it likely will be early May before we are finally relocated.

5. **Shona** – Congratulations are in order as Shona has recently become engaged! All our best to you and Trevor.

**Paula Schwann MD CCFP FCFP**

**President**

**2015 Awards**

Less than a month left to nominate your colleagues for our 2015 Saskatchewan Chapter awards! We are still accepting nominations for the below awards until March 27th.

- Saskatchewan Family Physician of the Year
- CFPC Awards of Excellence (2)
- Michael Krochak Award for Contribution to Family Medicine in Saskatchewan

Is there a colleague, or someone in your community you would consider nominating for the Saskatchewan Family Physician of the Year? Saskatchewan has many outstanding family physicians, and the Physician of the Year Award allows us to recognize the dedication of one of our peers. Last year’s recipient was Nora McKee of Saskatoon.

We are also accepting nominations for the CFPC Awards of Excellence. The Awards of Excellence recognize someone who has done something particularly innovative or exceptional in the last 1-2 years. Saskatchewan has the opportunity to select up to 2 individuals to be recognized for their activities in the Province or around the world. Last year we recognized Dr. Janet Tootooosis of North Battleford and Dr. Ryan Meili of Saskatoon.

Finally we are accepting nominations for the Michael Krochak Award. This is a Saskatchewan Chapter award which recognizes individuals (physician or non-physician) or groups that have made a significant contribution to family medicine in Saskatchewan over the years. Last year we recognized Dr. James Irvine of La Ronge.

Nomination forms can be found on our website at: [http://sk.cfpc.ca/2015/01/nominate-someone-for-the-2015-scfp-awards/](http://sk.cfpc.ca/2015/01/nominate-someone-for-the-2015-scfp-awards/)

Please submit a nomination letter, indicating who is making the nomination, along with the nominee’s CV by March 27th to the Saskatchewan Chapter Office:

- e-mail: scfp@cfpc.ca
- mail: Box 7111, Saskatoon SK, S7K 4J1
- fax: 306-665-0047
- phone: 306-665-7714
Mainpro+ is a framework for providing CPD participation guidelines, standards and tracking for Canadian family physicians. Mainpro+ is being introduced on July 1, 2015.

What is changing?

- Reporting categories that are easier to understand
- Opportunities to earn credit for more practice activities
- Select CPD activities earn up to 3X more credit
- New user-friendly online reporting portal
- Non-Certified promotional activities will no longer be eligible for credit
- Impact assessment will be a part of the credit reporting process

What will stay the same?

Mainpro+ Details

New Reporting Cycle:

- July 1 to June 30 (current cycles extended by 6 months)

Rollover of existing credits

- Process will be completed by CPD National office
- M1 & M2 = 1 credit; Mainpro-C = 2 credits

Carry over credits

- Up to 40 Certified credits from your current 5 year cycle can be carried over into your next 5 year cycle

Fellowship
- No longer linked to Mainpro-C
- Application process
- Fellowship will be a permanent designation provided members maintain their CFPC membership in good standing

**Certification: For Program Providers & Program Reviewers**

- QuickConnect → Cert+
- New Guide to Certification
- New Quality Criteria Grid for assessing credits/quality

## Mainpro+ Categories

**CERTIFIED**
(At least 125 credits must be certified)

- Conferences, rounds, journal clubs, AAFP prescribed credits

**NON CERTIFIED**

- Non-industry events, AAFP elective credits
- Journal reading, curriculum development, committee participation
- Family medicine curriculum review, manuscript review

**GROUP LEARNING**

- Online programs, Linking Learning to Practice, CFPC Self Learning® program, CFP Mainpro articles, Pearls™

**SELF-LEARNING**

- Medical examinations, Linking Learning to Assessment, practice audits, simulation, QA programs

**ASSESSMENT**

Note: Linking Learning forms will be available online to earn Certified credits through reflection on Non Certified activities

**Linking Learning Activities** – new opportunities for Certified Credits, including:

- Practice
- Assessment
- Research
- Teaching
New Mainpro+ Dashboard for Credit Entry

- Credit entry by category
- Includes CPD Planning and Goals
- Graphical outline of progress
  - Per year (0 to 25 credits)
  - Per cycle (0 to 250 credits)

New Mainpro+ App - coming soon!

- Report your credits in real time
- Unique CPD event number for simpler entry

For more information please contact:
Dr. Teresa Wawrykow, CCFP(EM); CFCP Regional Educator, Manitoba/Saskatchewan
twawrykow@cfpc.ca

2015 Annual Scientific Assembly
The 2015 Annual Scientific Assembly planning is well underway. The ASA will take place in Regina in 2015 at the Delta from September 24th-26th. Our planning committee has put together a wonderful program and we hope you can make it.

Registration packages will be available in June.

CFPC Governance Proposal

A smaller Board for greater efficiency We Invite Your Input! The growth of the College of Family Physicians of Canada (CFPC), and a commitment to follow best practices, have created an opportunity to change the College’s national governance structure in order to ensure continued accountability as well as timely and effective governance; enhance efficiency; and increase opportunities for member engagement. College members will vote to approve or decline the proposal at the Annual Meeting of Members in November 2015. Over the months ahead, there will be lots of communication and opportunities for input on this important initiative. Your feedback will help ensure that the proposal and related motions reflect what’s most important to you about your College governance. We welcome your comments, questions, hopes and ideas!

Please access all information, and register for an information video/teleconference at:
www.cfpc.ca/Proposed_Board_Restructuring/ Please note that separate meeting ID numbers are required for each video conference, so please register in advance to receive the appropriate access information.

Comments may be emailed to: CFPCgovernanceproposal@cfpc.ca We look forward to hearing from you!
Upcoming CPD Events

Upcoming CPD events in Sask. can also be found by visiting [http://www.cfpc.ca/UpcomingEvents/](http://www.cfpc.ca/UpcomingEvents/)

<table>
<thead>
<tr>
<th>Date</th>
<th>Program Name</th>
<th>Credit Type</th>
<th>Credit</th>
<th>City</th>
<th>Province</th>
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<tr>
<td>May 06, 2015</td>
<td>Snodocs/Spring Renewal</td>
<td>M1</td>
<td>14</td>
<td>Koshin</td>
<td>SK</td>
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<tr>
<td>Apr 13, 2015</td>
<td>Staying the Course / Maintenir le cap</td>
<td>M1</td>
<td>1</td>
<td>Swift Current SK</td>
<td>SK</td>
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<tr>
<td>Mar 19, 2015</td>
<td>Managing Chronic Pain: When and How to Discontinue Opioids</td>
<td>M1</td>
<td>1.5</td>
<td>Saskatoon</td>
<td>SK</td>
</tr>
<tr>
<td>Mar 18, 2015</td>
<td>Module 3: Managing the Complexities of COPD in Primary Care Co-morbidities in COPD: Common Partners, Common Problems “BY INVITATION ONLY”</td>
<td>M1</td>
<td>3</td>
<td>Regina</td>
<td>SK</td>
</tr>
<tr>
<td>Mar 17, 2015</td>
<td>Overcoming Challenges in COPD</td>
<td>M1</td>
<td>4</td>
<td>Prince Albert SK</td>
<td>SK</td>
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<tr>
<td>Mar 17, 2015</td>
<td>The Role of the Kidneys in Diabetes Control: Focus on SGLT2 Inhibitors</td>
<td>M1</td>
<td>1.5</td>
<td>Esterhazy</td>
<td>SK</td>
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<td>Mar 17, 2015</td>
<td>AnSWER AF: Choosing the Right Strategy, One Patient at a Time</td>
<td>M1</td>
<td>3</td>
<td>Saskatoon</td>
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I was asked to pass information on the three below programs onto our members.
Radon: Is it in your patients’ homes?

The Ontario Chapter, together with Health Canada, the e-learning division of McMaster University and the Clean Air Partnership, has developed a short online course to help support family doctors better understand the health effects of radon, which is linked to the lung cancer deaths of 3,200 Canadians every year.

The course is Radon: Is it in your patients’ homes?

- It’s easy to sign up.
- It takes only about an hour and can be done all at once or in multiple sessions.
- It’s is accredited for Continuing Medical Education credit by CFPC (1.0 Mainpro-M1 credit)
- It’s free.
- It’s available in English and French.

Health Canada is most willing to help support radon online learning promotional efforts by:

- conducting webinars
- facilitating presentations
- conducting follow up telephone or email correspondences

We are asking your help in spreading the word to your members and encouraging them to take the course. We have a variety of website graphics, draft tweets and newsletter texts available and would be happy to work with you to prepare materials or answer questions.

Register for the below program at: www.haymatick.com/ghnh-registration

General Hematology for the Non-Hematologists

Presented by Saskatchewan Integrated Hematology Program

Saturday March 14, 2015
SHERATON CAVALIER HOTEL
612 Spadina Crescent East, Saskatoon, Saskatchewan
Room: Top of the Inn
Breakfast will be served

Outline: This seminar will be comprised of short, case based presentations focusing on an approach to common general hematology problems, easy to follow diagnostic algorithms and tips for when and how to refer.

Target Audience: For family physicians, specialists, medical students and residents

Agenda:
7:45 - 8:30 – Breakfast
8:30 - 8:45 – Welcome - Dr. Mark Bosch
8:45 - 9:15 – Approach to MGUS and Hyperferritinemia - Dr. Kelsey Brose
9:15 - 9:45 – Approach to the patient with Thrombosis - Dr. Otto Moodley
9:45 - 10:15 – Approach to the patient with Leukocytosis - Dr. Derek Pearson
10:15 - 10:45 – Approach to the patient with Thrombocytopenia - Dr. Hadi Goubran
10:45 - 11:00 – Break
11:00 - 11:30 – Approach to the patient with Anemia - Dr. Rebecca MacKay
11:30 - 12:00 – What to look for and when to refer - Bone Marrow Failure syndromes for the GP - Dr. T Neville
12:00 - 12:30 – Open questions

Canadian Guidelines on Parkinson’s Disease

Online Learning Module for Health Professionals
Assessment & Management of Parkinson's Disease:
Clinical Application of the Canadian Guidelines on Parkinson's Disease

This event is open to all health care professionals. Earn professional development credits in the comfort of your home.

This online learning module will educate you on how to apply the recommendations in the Canadian Guidelines on Parkinson’s Disease to your clinical practice in order to properly identify symptoms of Parkinson’s and how to implement an appropriate treatment and management plan for your patients.

Register Online and Take Course Now
Patient’s Medical Home

As part of the ongoing development of the Patient’s Medical Home (PMH), the CFPC released its Best Advice Guide on Social Determinants of Health. These are also available on the PMH Website.

The social determinants of health, such as income, disability, education, employment, food security etc are widely recognized as contributing to health outcomes. The guide details how through clinical, community and advocacy work, family physicians can act as powerful agents of positive change.

Hope Air

Hope Air is a Charity which provides free flights to ensure patients can travel to the specialist healthcare they need. Our website is www.hopeair.ca Health professionals or patients can request free flights to healthcare online. Our patient information materials can be ordered online as well.

http://hopeair.ca/FeaturePage.aspx?pgid=6&mst=~/wwd/WhatWeDo.master

For further information, please contact Nandy Heule, our Marketing and Communications Manager at nheule@hopeair.ca who will be happy to help you with any other materials you may require.
Advancing Rural and Remote FM Canadian Collaborative Taskforce

The College of Family Physicians of Canada (CFPC) and the Society of Rural Physicians of Canada (SRPC) are working together to enhance the training, recruitment, and retention of family physicians working in rural and remote settings in Canada. Formed in December 2014, the Advancing Rural Family Medicine Canadian Collaborative Taskforce (Taskforce) has a 2-year mandate to develop recommendations for strengthening recruitment and retention strategies for rural and remote family physicians across the medical education continuum, as well as through the role of governments, health human resource planners, and rural and remote communities. Please refer to the attachment that provides further information on the Taskforce’s objectives and activities.

As part of the Taskforce’s work, we are seeking “made in Canada solutions” that influence physician readiness and willingness to provide health care in rural and remote communities across the country. Based upon the experiences shared by learners, educators, practitioners, communities and policy-makers, we aim to develop a set of recommendations as part of a Pan-Canadian Rural Road Map for Action. This Road Map will showcase innovative and emerging practices advancing rural education, recruitment and retention strategies across Canada. To be successful, we need your help. We need to hear the stories. We need to learn from rural family physicians and practitioners who have come to work in rural and remote communities at different stages of their careers.

If you or someone you know would like to participate in being interviewed we would ask that you share contact information with us as we create a list of possible interviewees.

NAME: 
ROLE/ORGANIZATION: 
EMAIL CONTACT: 
PHONE CONTACT: 

Please indicate the category below (mark an X) that best describes the perspective shared:

____ Decided before medical school that he/she would pursue and maintain a rural/remote practice
____ Decided during medical school that he/she would pursue and maintain rural/remote practice
____ Decided during residency that he/she would pursue and maintain a rural/remote practice
____ Decided in early practice that he/she would pursue and maintain a rural/remote practice
____ Decided later in his/her medical career to pursue and maintain a rural/remote practice
____ Has worked back & forth from urban to rural/remote practice throughout his/her career

All interviews will be done by phone in April 2015 and will last approximately one hour.

Please send your responses or any questions to gnasmith@cfpc.ca by Monday, March 23rd, 2015.

On behalf of the Taskforce, we greatly appreciate your participation.

Dr. Trina Larsen Soles
Dr. Ruth Wilson
Co-chairs, Advancing Rural Family Medicine Canadian Collaborative Taskforce
Board of Directors

Dr. Paula Schwann  President
Dr. Danielle Cutts  President-Elect
Dr. Andries Muller  Treasurer

Dr. Myles Deutscher  Member
Dr. Mark Cameron  Member
Dr. Dalibor Slavik  Member
Dr. Alanna Danilkewich  Member
Dr. Jess Melle  Member
Dr. Kevin Wasko  Member, First Five-Years of Practice
Dr. Barbara Konstantynowicz  SMA Section of GPs Representative

Dr. Katherine Lawrence  Awards
Dr. Penny Stalker  Advisory Committee on FP
Dr. Don Stefiuk  Research & Education Foundation

Dr. Isa Saidu  Family Medicine Resident
Dr. Jason Trickovic  Family Medicine Resident

Rebecca Hoiland  Family Medicine Club
Cheyanne Vetter  Family Medicine Club