



66TH ANNUAL FAMILY MEDICINE CONFERENCE

Friday, September 18th, 2020

For Family Physicians; By Family Physicians



A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA



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PRESIDENTS MESSAGE

Message from the SCFP FMC Planning Committee Chair

The SCFP FMC Planning Committee is very excited about this year's program and going virtual! It was a quick turnaround, but we think this year's program is excellent for Sask family physicians during this pandemic. We have partnered with CME in the College of Medicine to build on their experience delivering WebEx to hundreds of Sask physicians simultaneously this year. Now you can enjoy great CME by family physicians for family physicians - at the office or at home - over this one-day event. Join us for what is promising to be one of the best CME experiences you will have this year!

As the FMC Planning Committee Chair, I am very excited to have a nationally recognized physician like Dr. Brian Goldman kick off our conference. We know his many passions as an ER physician and from CBC's White Coat, Black Art, but have you ever heard this great speaker talk about issues relevant to the care of patients with developmental disabilities? This is a very important topic and a provocative speaker - a great combination to get your day of CME learning started!

Do you forget about vaping when talking to patients like many of us? Come and listen to Dr. Andrea Vasquez Camargo talk about vaping - she is a great family physician and speaker, and this topic is a key reminder as to why we need to stay on top of this issues with our patients!

Use the Spine Pathway? The Prostate Pathway? Well this year at the FMC, learn about the Sask MS Pathway! These are the tools that make our lives easier and helps us to apply the best possible evidence to patient care in Saskatchewan. Join us for the day and learn about what's new and what will help you care for your patients every day!

Join us and let's shake up our collective thinking to provide better care for our patients. It's going to be stimulating Family Medicine CME for the entire day - all planned by your colleagues with your practice needs in mind!

Dr. Cathy MacLean

FMC Planning Committee Chair



FMC PLANNING COMMITTEE

Dr. Cathy MacLean, MD FCFP MCISc (Family Medicine) MBA
Committee Chair

Dr. Indy Das, MBBS BSc (Hons) MRCS CCFP

Dr. Myles Deutscher, MD CCFP

Dr. Aaron Friggstad, MD CCFP FCFP

Dr. Johann Kriegler, MBBCh CCFP

Dr. Paula Schwann, MD CCFP FCFP

Dr. Erin Selzer, MD CCFP

Shona den Brok, Executive Director
SCFP

Colette Duffee, Administrator
SCFP

We are always looking for broader representation across the province! If you would like to be a part of our planning committee, please contact the SCFP office at:

scfp@sk-cfp.ca



FAMILY MEDICINE CONFERENCE PROGRAM

Friday, September 18th, 2020

TIME	PROGRAM	SPEAKER
8:20 AM	Registration	
8:30 AM	Welcome	Dr. Mark Cameron, SCFP President
8:35 AM	Morning Introduction	Dr. Indy Das, MC Dr. Aaron Friggstad, Moderator
8:45 AM	Adults with Developmental Challenges: The Fundamental Role of Primary Care Practitioners Learning Objectives: <ol style="list-style-type: none">1. Describe the legacy of residential care and the transition to living in the community.2. Recognize the medical and socioeconomic needs of adults with developmental challenges.3. Define the role of primary care physicians.4. Explore how empathy and kindness can help establish a therapeutic bond.	Dr. Brian Goldman, Keynote Speaker
9:30 AM	Q & A with Dr. Brian Goldman	
9:45 AM	Stretch Break	
9:50 AM	Thinking Outside the Medicine Cabinet: Managing Chronic Pain Learning Objectives: <ol style="list-style-type: none">1. Interpret the evidence for non-pharmacological interventions and their role in the treatment for chronic pain management.2. Use newly developed clinical and patient resources on the clinical effectiveness of non-pharmacological interventions for chronic pain.	Krista Kaminski, CADTH - Saskatoon
10:10 AM	Q & A with Krista Kaminski	
10:20 AM	Stretch Break	
10:30 AM	How to Interpret Testosterone Results Learning Objectives: <ol style="list-style-type: none">1. Describe the relevant physiology that influence selection of and procedure for testing.2. List the components of the tests that are needed to calculate free testosterone.3. Evaluate the results of testosterone testing.	Dr. Andries Muller, Family Physician - Saskatoon
10:50 AM	Q & A with Dr. Andries Muller	

TIME	PROGRAM	SPEAKER
11:00 AM	Panel Reports 2020 - What's New and Why it is Important for You! Learning Objectives: <ol style="list-style-type: none"> 1. Identify how to request your personal report. 2. Interpret what the indicators mean considering the clinical context. 3. Access educational supports to effectively use your panel reports. 	Dr. Sarah Bates, Family Physician - Saskatoon Sonia Vanderby, HQC - Saskatoon
11:20 AM	Q & A with Dr. Sarah Bates and Sonia Vanderby	
11:30 AM	Tips & Tools for Deprescribing in a Busy Practice Learning Objectives: <ol style="list-style-type: none"> 1. Develop an effective approach to deprescribing in a busy practice. 2. Utilize tools for practice for deprescribing plans in complex patients. 	Dr. Solveig Nilson, Family Physician - Regina Brenda Schuster, Clinical Pharmacist - Regina
11:50 AM	Q & A with Dr. Solveig Nilson and Brenda Schuster	
12:00 PM	Grab Your Lunch and Stretch	
12:15 PM	Annual Meeting of Members	Dr. Mark Cameron, SCFP President
1:10 PM	Afternoon Introduction and Welcome	Dr. Myles Deutscher, MC Dr. Aaron Friggstad, Moderator
1:15 PM	Munroe Lecture - What Dying People Want Learning Objectives: <ol style="list-style-type: none"> 1. Implement what is new in the pharmacological management of Palliative Care. 2. Increase Advance Care Planning in family practice. 	Dr. Vivian Walker, Family Physician - Saskatoon
1:35 PM	Q & A with Dr. Vivian Walker	
1:45 PM	HIV - A Sask Primary Care Update Learning Objectives: <ol style="list-style-type: none"> 1. Identify who and when to screen for HIV. 2. Provide an initial work-up for HIV. 3. Review what you need to know about ARV and other meds in HIV management as a family physician. 4. Discuss ongoing management considerations for HIV as a chronic disease. 5. Identify local PWLHIV needs in specific populations. 	Dr. Yvonne Blonde, Family Physician - Saskatoon Carley Pozniak, HIV Pharmacist - Saskatoon
2:05 PM	Q & A with Dr. Yvonne Blonde and Carley Pozniak	
2:15 PM	NAFLD - A Primary Care Approach Learning Objectives: <ol style="list-style-type: none"> 1. Recognize NAFLD and when to suspect it. 2. Explore practical approaches to a patient with NAFLD. 3. Describe treatment options for patients with NAFLD. 	Dr. Nabeel Samad, Internal Medicine & Hepatology - Saskatoon
2:35 PM	Q & A with Dr. Nabeel Samad	
2:45 PM	Stretch Break	

TIME	PROGRAM	SPEAKER
2:55 PM	<p>Reducing Unnecessary Care Learning Objectives:</p> <ol style="list-style-type: none"> 1. Identify contributing factors to unnecessary tests and treatment in primary care. 2. List potential harms associated with unnecessary care. 3. Identify predictable opportunities for conversations with patients to improve the quality and appropriateness of care plans. 4. Apply Choosing Wisely resources to support better conversations with patients. 	Angie Palen, Choosing Wisely - Saskatoon
3:15 PM	<p>Doctor, Vaping is Better Than Cigarettes, Right?</p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> 1. Describe vaping, e-cigarettes, and the differences and multiple types of devices available for use. 2. Identify possible signs and symptoms associated with negative outcomes from its use based on the pathophysiology of side effects from vaping. 3. Utilize tools to assist us, as health care providers, in the approach and management of cases, including appropriate prevention and counselling for our patients. 	Dr. Andrea Vasquez Camargo, Family Physician - Regina
3:35 PM	<p>Saskatchewan MS Pathway</p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> 1. Define MS, recognize the pathophysiology of the disease, and identify the principles of treatment. 2. Identify the family physician's role in MS management. 3. Use the Sask MS Pathway and associated resources. 	Dr. Ilia Poliakov, Clinical Director - Saskatoon MS Clinic
3:55 PM	<p>Q & A Panel with: Angie Palen Dr. Andrea Vasquez Camargo Dr. Ilia Poliakov</p>	
4:10 PM	<p>Louis & Ellie Christ Lecture - COVID: Past, Present and Future Reflections and Lessons Learned</p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> 1. Describe some of the key lessons learned about the management of the COVID pandemic in Saskatchewan. 2. List several successes that impacted primary care practice positively. 3. Implement one new approach to practice from a "lesson learned" that added value to patient care in the province. 	Dr. Tara Lee Dr. Emily Sullivan Dr. Laura Tanyi-Remarck
4:40 PM	<p>Q & A Panel with: Dr. Tara Lee Dr. Emily Sullivan Dr. Laura Tanyi-Remarck</p>	
4:55 PM	Wrap-Up, Questions, and Thank You's	

This group learning program has been certified by the College of Family Physicians of Canada and the Saskatchewan Chapter for 7 MainPro+ credits.



POST-CONFERENCE PROGRAM

The Doctor's Role in Improving Healthcare for Adults with Intellectual and Developmental Disabilities: A Virtual Conference for Saskatchewan Physicians

**Saturday, September 19th, 2020
10:00 AM - 12:15 PM**

Approximately 1 - 3% of the population are diagnosed with an IDD, accounting for somewhere between 11,740 and 35,220 residents of Saskatchewan. People with IDD are at increased risk for poor health outcomes and health disparities. The lack of healthcare provider training on disability has been highlighted in recent literature as a key, modifiable determinant of the health disparities experienced by this medically underserved population. Additionally, mainstream clinical guidelines do not address the unique concerns of patients with IDD.

Limited access to health promotion as well as inadequate and delayed healthcare for persons with IDD contribute to poorer overall health, the development of preventable secondary conditions such as obesity, diabetes, and cardiovascular diseases, and higher rates of repeat hospitalizations, emergency department visits and healthcare costs. Healthcare providers can promote the inclusion of people with IDD in mainstream health services, training programs, and research through improving their competency in caring for patients with IDD through education and advocacy.

At the end of this activity, participants will be able to:

1. Identify and examine current disparities for adults with IDD.
2. Acquire knowledge of clinically relevant research and guidelines.
3. Explore experiences of adults with IDD directly from patients in our own community.
4. List existing solutions and resources to address the current gaps in care for adults with IDD.
5. Describe the family physician's role in our very recent history of institutionalization and make progress towards successful systemic deinstitutionalization.



PRESENTERS' BIOS

Adults with Developmental Challenges: The Fundamental Role of Primary Care Practitioners

Dr. Brian Goldman, MD FCFP(EM) FACEP

Dr. Brian Goldman is a leading voice for reform of the healthcare system. He believes we should listen to patients and change medical culture to improve the quality of care. He makes complex medical issues digestible for audiences and personalizes medicine and the human frailties of this profession.

Dr. Goldman is a highly regarded emergency physician at Mount Sinai Hospital in Toronto and a veteran medical broadcaster and host of the CBC award-winning radio show "White Coat, Black Art". He is also the author of the bestselling books *The Night Shift: Real Life in the ER*, *The Secret Language of Doctors*, and *The Power of Kindness: Why Empathy is Essential in Everyday Life*.

Thinking Outside the Medicine Cabinet: Managing Chronic Pain

Krista Kaminski, MPH

Krista is the Saskatchewan Implementation Support Officer for the Canadian Agency for Drugs and Technologies in Health (CADTH). Her role within CADTH is to promote the use of evidence in health care decision-making and to bridge the gap between research and practice. Previous to CADTH, Krista worked as an epidemiologist and in other areas of research.

How to Interpret Testosterone Results

Dr. Andries Mueller, MBChB M. Prax PhD CCFP FCFP

Dr. Muller is an Associate Professor with the Department of Academic Family Medicine at the University of Saskatchewan. His clinical and research interests are in Men's Health and Medical Education. He obtained a PhD in Male Health in 2013.

Panel Reports 2020 – What's new and why it is important for you!

Sonia Vanderby, PhD P.Eng

Sonia is a Research Associate with the Saskatchewan Centre for Patient Oriented Research within the Saskatchewan Health Quality Council (HQC). Prior to her position at HQC, she was an Assistant Professor with a joint appointment between the Colleges of Engineering and Medicine at the University of Saskatchewan. She continues that research as an Adjunct Professor at the U of S and through her work at HQC. Before coming to Saskatchewan in 2011, she was a Visiting Scholar in University of Calgary's College of Medicine and a Post-Doctoral Fellow at the University of Toronto. She obtained a B.ASc and Ph.D. in Industrial Engineering from the University of Toronto.

Dr. Sarah Bates, MSc MD

Dr. Bates has been practicing family medicine in Saskatoon since 2016. Prior to that, she worked in a community practice in Edmonton for 10 years and with the Department of Family Medicine at the University of Calgary for 4 years. Growing up in Calgary, she completed her undergraduate, postgraduate, and medical degrees at the University of Calgary. She completed her Family Medicine residency program at the University of Alberta. While living in Alberta, Dr. Bates was involved in the development and governance of Primary Care Networks, and the evolution of the Patient Medical Home. She also held various leadership positions with the Alberta Medical Association and the Section of General Practice. Presently, she practices clinical medicine at West Winds Primary Health Centre, Family Medicine Teaching Clinic. She is an Assistant Professor with the Department of Academic Family Medicine and is the current Director of Undergraduate Family Medicine.



PRESENTERS' BIOS

Pragmatic Tips & Tools for Deprescribing in a Busy Practice

Brenda Schuster, BSP ACPR PharmD FCSHP

Brenda Schuster is a clinical pharmacist with the Family Medicine Unit in Regina where she works with older adults receiving potentially inappropriate medications. She is involved in teaching family medicine residents and works alongside them to assist in their daily prescribing decisions. She is also a preceptor for hospital pharmacy and primary care pharmacy residents. Brenda spent 17 great years as an academic detailer with the RxFiles Academic Detailing Service in Regina and is now working in hospital pharmacy. She has a special interest in adult learning, geriatrics and gastroenterology and has undertaken leadership roles in numerous pharmacy organizations including President of the Saskatchewan College of Pharmacists. She also loves to cycle, garden, cook, and read.

Dr. Solveig Nilson, MD CCFP

Solveig Nilson is a family physician at the Family Medicine Unit teaching site in Regina, where she is involved in resident teaching and leadership in the area of geriatrics. She has a passion for working with the elderly as well as in teams and is grateful to be able to work in a supportive team-based environment. She has enjoyed being involved, along with Brenda, in teaching residents about potentially inappropriate medications and appropriate medication use in the elderly and further strives to model appropriate prescribing and deprescribing in her own practice. In her spare time, she enjoys team sports, reading and gardening.

Munroe Lecture - What Dying People Want

Dr. Vivian Walker, MD CCFP-PC FRCP

Viv is a Saskatchewan-born and raised, U of S College of Medicine and Family Medicine grad. She has worn three 'coats' in her medical career: full family practice (18 years), Cancer Centre family physician and hospitalist (9

years), and for over 10 years has been caring for those nearing the end of their lives. She is delighted to have been part of the team to bring Saskatoon's first hospice to a near-completion reality in 2020. She is married to Keith and they have four delightful children and two adorable granddaughters. She enjoys music, walking, travelling, reading, a good cuppa with friends, and enjoying the amazing sunrises at their cabin abode in northern Saskatchewan.

HIV - A Sask Primary Care Update

Dr. Yvonne Blonde

Carley Pozniak

NAFLD - A Primary Care Approach

Dr. Nabeel Samad, MBBS FRCPC

Dr. Samad is a General Internist and Hepatologist with the Department of Medicine at U of S/SHA with an academic appointment of Assistant Professor. He has recently joined the Canadian Armed Forces as a Medical Officer, holding the rank of a Major.

Reducing Unnecessary Care

Angie Palen

Angie is the Choosing Wisely Coordinator for Saskatchewan and a quality improvement methodology coach with over 20 years' experience in the health care system. Angie has worked in various locations of the province, both rural and urban. Currently under the umbrella of Clinical Excellence within the Saskatchewan Health Authority, Angie facilitates connections for those working through improvement in clinical settings and offers coaching in support of implementation science and change management.



PRESENTERS' BIOS

Doctor, Vaping is Better Than Cigarettes Right?

Dr. Andrea Vasquez Camargo, MD CCFP MSc

Dr. Andrea Vasquez Camargo is an assistant professor in the Department of Academic Family Medicine at the University of Saskatchewan. She obtained her Medical Degree in Colombia and moved to Canada to continue her studies; initially in General Surgery and then transferred to Family Medicine to complete her training. She practices as a family physician at the Family Medicine Unit in Regina. Her areas of interest include Evidence Based Medicine, Surgical Skills and creating curriculum.

Saskatchewan MS Pathway

Dr. Ilia Poliakov, MD FRCPC

In 2007, Dr. Ilia Poliakov completed his undergraduate degree in the inaugural year of the Bachelor of Health Sciences (Honors) program at the University of Calgary, majoring in Bioinformatics. From 2007 - 2010 he attended medical school at the University of Calgary, during which he developed an interest in neurology and clinical informatics. After medical school, Dr. Poliakov completed a 5-year neurology residency at the University of Saskatchewan, immediately followed by a fellowship in multiple sclerosis and neuroimmunology, at the University of Calgary. In November of 2016, Dr. Poliakov became the Clinic Director at the Saskatoon MS Clinic. In addition to clinical duties, Dr. Poliakov has interests in medical teaching, as well as research into clinical informatics (Big Data) and health quality outcomes.

Ellie & Louis Christ Lecture - COVID Past, Present & Future Reflections and Lessons Learned

Dr. Emily Sullivan, MD MPH CCFP

Dr. Emily Sullivan completed medical school, Family Medicine residency, and a Masters in Public Health at

the University of Saskatchewan in Saskatoon. She works at West Winds Primary Health Centre with Academic Family Medicine; does newborn care and Breastfeeding Medicine with Family Medicine Obstetrics at Cornerstone Medical Clinic; and is the West Network Family Medicine Physician Lead with the Saskatchewan Health Authority. She loves to teach and participate in research; her main research interests are injury and illness prevention and knowledge translation. During the COVID-19 pandemic she participated in local pandemic planning through her role with the SHA and created a social media account to disseminate timely and succinct COVID-19 information. Follow along @yxe.md on Instagram! When not in these roles, she spends her free time with her husband and three rambunctious, joyful young kids.

Dr. Tara Lee, BSc(Hons) MD CCFP FCFP

Dr. Lee began a generalist family practice in Swift Current in 2009, and at the same time, started the Swift Current Family Medicine residency program. In 2017, she started working on the syllabus for the SLIC program and the first students started in Meadow Lake and Estevan in 2018. The pandemic catapulted her into her new role as the Family Medicine Department Lead in HN 4, 5 and 6; therefore, she has experienced the impacts of the pandemic as a clinician, an educator, and a medical leader. Her next step: the experience as a parent whose children will go back to school!

Dr. Laura Tanyi-Remarck, MD CCFP

Dr. Laura Tanyi-Remarck is a family physician with a lifelong focus on community health. She also has an interest in integrative holistic wellness and is excited about virtual care and how one can preserve the whole person, patient centric care using this context.



SASKATCHEWAN FAMILY PHYSICIAN OF THE YEAR AWARD



Each year, the Saskatchewan College of Family Physicians confers the Family Physician of the Year upon a member deemed to exemplify the ideals of family medicine

Dr. Paula Schwann, MD CCFP FCFP

Dr. Paula Schwann completed medical school in 1987 and her family medicine residency in 1989 at the University of Saskatchewan. She obtained her fellowship with the College of Family Physicians of Canada (CFPC) in 2004. Paula is a U of S College of Medicine faculty member; she served as an LMCC and CFPC examiner; is a past member of the National Committee of CPD, setting medical education standards for family physicians; was a national and provincial accreditor for CPD programs; is a reviewer for the Canadian Task Force for Preventative Health; and has served on numerous committees through the College of Medicine. She worked on the Chronic Disease Management Committee of the Saskatoon Health Region for 15 years and the Physician Referral Action Committee for in Motion. She served as an investigator for CPSS for the Preliminary Inquiry Committee and as a member of the ECG Committee for 24 years and proudly served on the Saskatchewan College of Family Physicians (SCFP) Board of Directors from 2003 - 2018; 9 years of which was spent on the Executive. Paula has also been a volunteer in her community.

Paula's father, Dr. Paul Schwann, was a pioneer in the promotion of exercise for the prevention and treatment of disease. She has followed in her father's footsteps in promoting a physically active lifestyle with her patients. She believes in leading by example and is a dedicated participant in an exercise group that meets with a personal trainer three times a week at the U of S PAC for the past 14 years.

Paula has also been married to David for 36 years, and they have 2 grown children.

SCFP DR. MICHAEL KROCHAK AWARD



For Contributions to Family
Medicine in Saskatchewan

**Dr. Alanna Danilkewich, MD
CCFP FCFP**

I wish to thank the nomination committee for selecting me for this award. The honor is to be shared and celebrated by all the Family Physicians who came before me and worked with me over the past 45 years as I could not have accomplished as much without the support of colleagues, residents and students, the College of Medicine, the CFPC, family and friends in Saskatchewan, Canada and internationally through NAPCRAG, WONCA, The Federation of Medical Woman of Canada, Medical Women's International and rural academic physician colleagues in Australia.

Dr. Louis Christ, the first Department Head of The Academic Department of General Practice, invited me to do a locum for him in 1978 which launched my career as an Academic and Assistant Professor of Family Medicine. For the first years, I was the only woman on the Family Medicine faculty of 10 (5 in Saskatoon and 5 in Regina) and I encouraged many undergraduate students to choose a career in medicine and a residency in Family Medicine. In 1989, I chaired the first Gender Issues Committee, "Women in Academic Medicine". In 1990, I was elected to the Canadian Medical Association's first Gender Issues Committee and for this advocacy, I was awarded the YWCA Woman of the Year Award for Leadership in Women's Health in 1993. I was the Program Director of AFM from 1996 - 2006, and department head from 2010 - 2016. I have held many leadership positions at the local, national, and international levels and am a published author.

Overall, I consider that my career as an Academic Family Physician has been very stimulating and rewarding. I have been blessed with a great husband, Dr. Joseph Angel, PhD, and Professor Emeritus, Biochemistry; a supportive family; many friends and colleagues; great teaching patients and learners; good health; the passion for learning and growing; and the stamina and resilience to continue my life's journey. I try to 'pay it forward' and hope that I inspire others to do the same.



SCFP AWARDS OF EXCELLENCE



For contributions to community leadership, primary health care and local health system redesign in the community of Prince Albert

Dr. Stan Oleksinski, MD CCFP

Dr. Stan Oleksinski completed his medical degree at the University of Saskatchewan in 1982 and his Family Medicine Residency in Regina in 1984. Since that time, he has been primarily practicing family medicine in Prince Albert.

Dr. Oleksinski has been honored many times over the years for his work in family medicine and his dedication to his community. He received the Prince Albert Health Authority Award for Health Excellence in 2010; the Prince Albert Parkland Health Authority Practitioner Staff Award of Leadership and the U of S College of Medicine Clinical Teacher of the Year Award in 2017; and the Victoria Hospital Foundation Physician of the Year award in 2019.

Throughout his career, Dr. Oleksinski has participated in many professional associations. He has held various positions with the SMA, including his current roles as the President of the Section of Family Practice and Past-President of the Prince Albert Regional Medical Association.

Outside of his advocacy and work in the medical community, Dr. Oleksinski enjoys most sports. He and his wife, Lizbeth, have 2 grown children.



SCFP AWARDS OF EXCELLENCE



For Contributions to the medical community in Saskatoon and throughout Saskatchewan through her leadership and advocacy for family physicians and patients

Dr. Carla Holinaty, MD CCFP

Carla Holinaty completed her medical degree at the University of Saskatchewan in 2010 and remained in Saskatoon to complete her Family Medicine residency. After residency, she joined a fee-for-service practice at Kenderdine Medical Clinic where she worked for the next 3 and half years, offering a full-service practice and provided 24/7 obstetrical coverage for her patients. In July of 2016, she joined the U of S Department of Academic Family Medicine as a clinical teacher at the West Winds Primary Health Centre. Dr. Holinaty is passionate about Family Medicine and enjoys acting as an advocate for the profession. She serves as a member of the Executive of the Saskatoon Regional Medical Association Board of Directors, a Saskatoon delegate to the SMA Representative Assembly, is the Chair of the Section of Family Medicine, and sits as a member of the SMA Board of Directors. Dr. Holinaty lives in Saskatoon with her husband, two children, and two dogs.



SCFP MY FAMILY DOC ROCKS AWARD



Nominated by a Saskatchewan patient who believes their Family Doc Rocks

Dr. Allison Adamus, MD CCFP

Dr. Adamus graduated from the University of Saskatchewan, College of Medicine and completed her Family Medicine residency at the Moncton, NB site through Dalhousie University. Five years ago, she started a shared clinic in Martensville, SK. She enjoys the variety of her practice, delivering care in obstetrics, pediatrics, women's health, chronic disease, geriatrics and palliative care. She believes that Family Medicine is a specialty in relationships and feels honored to develop and nurture those relationships throughout these settings.

Advocating for increased health services in Martensville has become her passion and she is looking forward to expanding this work to the Saskatoon North Network as she has recently taken on the Area Division Lead with the SHA. She is often described as a busy body who struggles to slow down. Outside of work, when she is not spending time with her husband and 2 children, she can be found sewing, crafting, baking, gardening, or reading.



SCFP MY FAMILY DOC ROCKS AWARD



Nominated by a Saskatchewan patient who believes their Family Doc Rocks

Dr. Marlys Misfeldt, MD

Marlys was born and raised in Melfort, Saskatchewan and studied medicine at the University of Saskatchewan. She graduated in 1981 and set up a family practice in Saskatoon. Marlys has held multiple positions, including president of the Saskatchewan Sports Medicine and Science Council. Pairing her black belt in Shotokan Karate, with her passion for sports medicine she obtained her diploma in sport medicine.

Marlys spent over 30 years volunteering as team doctor for the Canadian International Traditional Karate Federation, and the Chief Medical Officer at provincial, national and world karate tournaments. As a volunteer, she has spent time in her community offering her services for Saskatoon High School Athletics, for which she was honoured in 2015, with the Saskatoon Secondary School Athletic Directorate Service Award. She has also volunteered with various Husky athletics, Saskatoon Hilltops, rugby, National Ballet of Canada and Knights of Columbus Track and Field meets.

Marlys continues to live and work in Saskatoon with her husband Doug Miller. Two of her four children live in Saskatoon, as well as three of her six grandchildren. Even with her three grandchildren in Australia, she is an engaged grandma, reading books and having tea parties via FaceTime.



SCFP MY FAMILY DOC ROCKS AWARD



Nominated by a Saskatchewan patient who believes their Family Doc Rocks

Dr. Dawne Pierce, MD CCFP

Dr. Dawne Pierce grew up in Victoria, BC, where she received her BSc. in Biology at the University of Victoria. She went on to attend Medical School at the University of British Columbia and graduated with her MD in 1996. She spent part of her residency training in the interior of BC, and the remainder in Saskatchewan. She received her CCFP designation in 1999.

"The relationships I have developed with my patients are very important to me. Some of the families that attend my clinic span for generations. Those relationships, along with the variety each day brings, are the reasons I decided to practice family medicine twenty years ago. I have had the privilege of watching so many of the babies I delivered grow up and become young adults."

Dr. Pierce shares prairie life with her husband, two sons, and two stepsons.

Also receiving this award is Dr. Marc Viger and Dr. Susan Wagner.



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