



68TH ANNUAL
FAMILY MEDICINE CONFERENCE
September 23rd, 2022

For Family Physicians By Family Physicians

THE SASKATCHEWAN
COLLEGE OF
FAMILY PHYSICIANS



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DE LA SASKATCHEWAN

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

Table of Contents

- 1** **Committee Chair's Message**
- 2** **2022 FMC Planning Committee**
- 3** **Conference Program**
- 6** **Drs. Louis and Elly Christ Memorial
Fund Lecture**
- 7** **Annual Munroe Lecture**
- 8** **Speaker Biographies**
- 16** **2022 Honours and Awards**

President Install and Awards Ceremony

Please join us for a short ceremony to welcome our new SCFP President, Dr. Andries Muller, and to recognize this year's SCFP Award Recipients! The ceremony will be followed by a wine & cheese social.



Committee Chair's Message

Thank you for joining us for our 2022 Family Medicine Conference! We are excited to be back in person at the Saskatoon Bessborough, as well as offering a live stream for our first hybrid event. Although we have planned for the day to run smoothly, should any small technology issues arise we hope you bear with us!

This year's program will explore a variety of topics and content in each area of the CanMEDS FM framework. The 2022 Louis & Elly Christ presenter is Dr. Onye Nnorom who will address systemic racism in healthcare. Our Munroe Lecture on cervical cancer will be presented by Dr. Carla Holinaty, Joelynn Radbourne, and Dr. Jennifer Brown Broderick. Dr. Veronica McKinney and Dr. Darlene Kitty will join us to speak on Indigenous recruitment and mentorship and touch on the TRC's Call to Action 23. We will highlight Saskatchewan research and touch on a variety of clinical topics throughout our day together.

The very best among Saskatchewan Research posters will be on display at the venue and on our website. Please take a few minutes to view this important work. Thank you to everyone who put forward a poster to help us celebrate local research!

SCFP is hosting a small exhibitor hall this year with a limited number of exhibitors. The SCFP board made the decision that businesses and associations involved with the healthcare pharmaceutical industry (HPI), medicinal marijuana, multi-level marketing products, or products not approved by Health Canada, are not permitted in the SCFP Exhibitor Hall. We worked with local organizations to bring you exhibitors we hope you will find interesting and helpful in your work.

I would like to thank our planning committee members, Myles Deutscher, Jared Diedrichs, Asma Gargoum, Somto Ibezi, David Likness, Cathy MacLean, Shona den Brok and Colette Duffee.

Thank you for your support and we look forward to engaging with you at the 2022 Family Medicine Conference!

Dr. Erin Selzer
FMC Planning Committee Chair

FMC PLANNING COMMITTEE

Dr. Erin Selzer, MC CCFP
Committee Chair

Dr. Myles Deutscher, MD CCFP FCFP

Dr. Jared Diedrichs, BSc MD (sp)

Dr. Asma Gargoum, BA MBChB CCFP

Dr. Somto Ibezi, MBBS CCFP

Dr. David Liknes, MD CCFP (ESS)

Dr. Cathy MacLean, MC FCFP MCISc (Family Medicine) MBA

Shona den Brok, Executive Director
SCFP

Colette Duffee, Administrator
SCFP

ANNUAL MEETING OF MEMBERS

All SCFP members, please join us for our AMM! Dr. Brady Bouchard, CFPC President, along with SCFP President Dr. Myles Deutscher will update members on what is happening at CFPC and SCFP.



Conference Program

Friday, September 23rd, 2022

TIME	PROGRAM	SPEAKER
8:15 AM	Registration	
8:25 AM	Introduction and Welcome	
8:30 AM	<p>The Harms of Racism & the Health Powers of Solidarity in Primary Care – Louis & Elly Christ Lecture</p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none"> 1) Describe how systemic racism impacts the lives of Black and racialized Canadians. 2) Explore promising practices for addressing racism in primary care. 	Dr. Onye Nnorom
9:30 AM	<p>PEER’s Pick Your Briefs: Highlights from Tools for Practice</p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none"> 1) Summarize the high-level evidence for a number of clinical questions. 2) Incorporate best evidence for common primary care questions in patient care. 3) Differentiate between interventions with minimal benefit and strong evidence for patient-oriented outcomes. 	Dr. Adrienne Lindblad
10:00 AM	<p>Deintensifying Diabetes Management in the Elderly – Why and How?</p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none"> 1) Have increased understanding of glycemic targets and the risks and clinical significance of hypoglycemia in the elderly. 2) Appreciate the risks of polypharmacy and medication side effects associated with renal impairment and frailty. 3) Learn practical tips on how to safely prescribe and deprescribe glucose lowering medications in the elderly by working through clinical cases. 4) Be able to counsel patients and caregivers on safe diabetes management in the elderly. 	Dr. Tessa Laubscher & Debbie Bunka

Conference Program

Friday, September 23rd, 2022

TIME	PROGRAM	SPEAKER
10:30 AM	Stretch Break	
11:00 AM	<p>Nisohtēwak - "Walking Together"</p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none"> 1) Review the TRC and the calls to action regarding health. 2) Review of recruitment and retention of Indigenous physicians within Saskatchewan. 3) Use of the CANMeds-FM Indigenous Health Supplement to inform and improve care for Indigenous peoples living in Saskatchewan. 	Dr. Veronica McKinney & Dr. Darlene Kitty
Noon	Annual Meeting of Members (AMM)	Dr. Myles Deutscher
1:00 PM	Stretch Break	
1:10 PM	Introduction and Welcome	
1:15 PM	<p>Highlighting Saskatchewan Research</p> <p>Evaluation of Exposure to Procedural Skills in Family Medicine Training</p>	Dr. Sahar Farahmand
1:30 PM	University of Saskatchewan Medical Student Career Choice Decisions	Dr. Matt Kushneriuk & Mohammed Armanazi
1:45 PM	<p>Munroe Lecture - Revised 2022 Cervical Cancer Screening Guidelines – A Step Towards HPV Primary Screening for Cervical Cancer</p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none"> 1) Identify the most appropriate time for initiation of cervical cancer screening. 2) Describe the recommendations for inclusion of HPV reflexive testing within revised guidelines. 3) Discuss the potential impact of the HPV vaccine to necessitate a further change in cervical cancer screening guidelines. 4) Examine the role for HPV self-sampling in the future of cervical cancer screening in Saskatchewan. 	Dr. Carla Holinaty, Joelynn Radbourne, & Dr. Jennifer Brown Broderick
2:45 PM	Stretch Break	

Conference Program

Friday, September 23rd, 2022

TIME	PROGRAM	SPEAKER
3:15 PM	<p>How Weight Inclusive Care Changed My Practice – A Dietitian’s Perspective</p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none"> 1) Compare weight-centric vs non-weight-centric (weight inclusive) approaches to care. 2) Describe the evidence around weight discrimination, long term outcomes of weight loss efforts, weight cycling, and BMI. 3) Demonstrate why and how weight inclusive care benefits clients’ wellbeing. 	Brooke Bulloch
3:45 PM	<p>USASK Chronic Pain Clinic: A Novel Approach to Chronic Pain Management in Saskatchewan</p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none"> 1) Describe the USASK Chronic Pain Clinic and the services available to Saskatchewan family physicians. 2) Discuss opioid tapering and OAT initiation for chronic pain management. 3) List the ways to reduce the risk of opioid toxicity in a patient with chronic pain. 4) Identify community supports for chronic pain management in Saskatchewan. 5) Describe the harm reduction and clinical outcomes of the USASK Chronic Pain Clinic. 	Dr. Radhika Marwah & Dr. Katelyn Halpape
4:15 PM	<p>Update on LUTS, Incontinence and Voiding Dysfunction</p> <p><u>Learning Objectives:</u></p> <ol style="list-style-type: none"> 1) Develop a framework to approaching LUTS. 2) Discuss conservative management. 3) Explain advanced treatments and how to manage complex cases. 4) Explore case discussions. 	Dr. Garson Chan
4:45 PM	President Install and Awards Presentations	
5:00 PM	Wine & Cheese	

Memorial Lectures

Drs. Louis and Elly Christ Memorial Fund Lecture

The **Memorial Lecture** is named in honour of Drs. Louis and Elly Christ. This award recognizes the importance of family medicine to our patients and communities and looks to celebrate accomplishments outside the medical expert role.

Dr. Louis Christ is remembered for his kind and relaxing manner, his great smile, deep laugh and of course, his cigar. Dr. Elly Christ was a kind-hearted and caring soul who delighted in uncomplicated things – puzzles, needlework, telling stories about her children, peppermints, and chocolate. She had a unique ability to decipher patterns in puzzles and was an accomplished needlework artist.

Louis and Elly were married on April 7, 1953, and immigrated to Canada in June of that year. Louis did an Internship at Saskatoon City Hospital and passed the LMCC in 1955. After 2 years of Internship, he did a locum with Drs. Anderson, Wensley, Hawes and Allen. In the fall of 1955, he started Psychiatry at the Weyburn Mental Hospital and the following year joined the practice of Dr. Anderson & Partners until June of 1960 when he joined the Department of National Health & Welfare in Sydney, Nova Scotia. He returned to

Saskatchewan in 1962 to join the practice of Dr. Graham Mainprize at Central Butte.

Five years later he started a Master's Program in Sociology at Carlton University in Ottawa and then joined the Department of Social and Preventative Medicine at the University of Saskatchewan in August of 1969.

He was asked to set-up the Department of General Practice at the University in 1971 and remained as Head until 1977 when he moved to the Department of Geriatrics. In 1978/79 he went on a Sabbatical (Gerontology) to the University of Toronto.

Upon arriving in Canada, Dr. Elly Christ took on work as a nurse's aid until she secured an internship of her own. After her internship Elly worked as a general practitioner, often part-time, to ensure she was at home for her children. She eventually focused on occupational health and safety and worked for many years at the Health Office at the Royal University Hospital in Saskatoon until her retirement at age 65 to dedicate more time to the crafts that she loved.

In February of 1980, Dr. Christ was diagnosed with lung cancer and sadly died on February 9, 1983. Elly passed away quietly on January 27, 2016. Drs. Elly and Louis Christ were married for nearly 27 years.

Memorial Lectures

Annual Munroe Lecture

The Saskatchewan Division of the Canadian Cancer Society established the Annual Munroe Lecture, given at the Family Medicine Conference, as a memorial to Dr. Federick D. Munroe. The lecture is given by a noted North American specialist on a topic related to cancer.

Dr. Federick D. Munroe was one of the prime Canadian leaders in the fight to beat cancer in the early years. Dr. Munroe embarked on an extensive educational program which alerted the public to the awareness and importance of the early detection of cancer.

In 1929, he left private practice to take a seat in the Saskatchewan Legislature, where he was appointed the Minister of Health. He was responsible for the first legislation dealing with cancer to be introduced in a parliament in the British Commonwealth and was instrumental in the establishment of the first Cancer Foundation in Canada, which was originally set up in Saskatchewan, and has since been duplicated by

most other provinces across the country. He was also the prime instigator in the establishment of the Canadian Cancer Society – another first for Saskatchewan! The founding meeting of this Society was in Regina on May 27, 1938.

Through the dedicated efforts of this extraordinary man, a solid foundation for cancer control was laid, which has been adopted Canada wide, to make the public aware of their responsibility in early detection, and to assist and educate physicians and other healthcare professionals in this vital work.

To honor this great physician and statesman, the Saskatchewan Division of the Canadian Cancer Society, has established a memorial through the Annual Munroe Lecture, which is given at the annual meeting of the Saskatchewan College of Family Physicians by a noted specialist on a topic related to cancer. The Munroe Lectureship Certificate is presented to the speaker by a representative of the Saskatchewan Division of the Canadian Cancer Society.

Speaker Bio's

Featured Speakers



Dr. Onye Nnorom

MD CCFP MPH FRCPC

Dr. Onye Nnorom is a Family Doctor and a Public Health & Preventive Medicine specialist. She is the Associate Program Director of the Public Health & Preventive Medicine Residency Program at the University of Toronto and is the Black Health Theme Lead for the Faculty of Medicine at the University of Toronto. As the Black Health Theme Lead, she is tasked with developing educational content for teaching medical students about Black Canadian health, and inequities due to systemic racism. She is also a clinical consultant for the Nicotine Dependence Clinic at the Centre for Addiction and Mental Health.

She is the Past President of the Black Physicians' Association of Ontario. From 2013-2018, she was also the chronic disease prevention lead at TAIBU Community Health Centre, where she led a number of successful cancer screening initiatives. Most recently she has taken the role as the Equity, Diversity and Inclusion Lead, within the Department of Family and Community Medicine at the University of Toronto. And she is the host of a podcast called Race, Health and Happiness where she interviews successful Black, Indigenous, and other People of Color, providing wisdom on how to stay well in a "racialized world".

Dr. Nnorom completed her medical degree at McGill University and then completed a Masters of Public Health (Epidemiology) and residency training at the University of Toronto. Being of Nigerian and Trinidadian heritage, she is particularly interested in Black community health and wellness, and racism as a social determinant of health.

Speaker Bio's

Featured Speakers



Dr. Veronica McKinney

MD CCFP

Dr. Veronica McKinney is the Director of Northern Medical Services, a department of the College of Medicine, Univ. of Saskatchewan. Veronica is of Cree/Métis descent and provides leadership in health development, working with rural and remote northern Saskatchewan Indigenous communities; the Saskatchewan Health Authority; and various health organizations, tribal councils and bands to support and promote the continued evolution and advancement of healthy communities, families and people.

She is an Assistant Professor and Chair of the Indigenous Health Committee, College of Medicine, Univ. of Sask., she teaches and promotes Indigenous Health at the Univ. of Saskatchewan, as well as serving on many boards and committees at local, provincial and federal levels. She practices clinical medicine at the Westside Community Clinic in Saskatoon and has provided services as a Family Practitioner, Emergency Room Physician, Nurse and Lab Technologist over a span of 30 years. She believes strongly in her traditional cultural teachings and applies them to her practice of medicine. She is a strong advocate for Indigenous people's health, having witnessed and experienced the inequities firsthand.

Speaker Bio's

Featured Speakers



Dr. Darlene Kitty

Dr. Darlene Kitty is a Cree family physician working in Chisasibi, northern Quebec since 2006. As a passionate clinician and advocate, she collaborates with health professionals and administrators to improve health services and resources and strive for culturally safe care for the James Bay Crees. Over the years, she has worked in ER, inpatient care, outpatient clinic while having administrative responsibilities.

She enjoys her academic work as Director of the Indigenous Program at the Faculty of Medicine, University of Ottawa and as Faculty Lecturer at McGill University, where she teaches medical trainees and faculty about Indigenous health and social issues. Over the years, her expertise and advocacy is also exemplified in the numerous talks she has given at many conferences and meetings.

Dr. Kitty is an Executive Committee member of the National Consortium in Indigenous Medical Education, which aims to address priorities in Indigenous health in Canadian medical schools, such as admissions, curriculum, cultural safety and anti-racism. This consortium includes the Indigenous Physicians Association of Canada, Association of Faculties of Medicine of Canada, the Medical Council of Canada, the College of Family Physicians of Canada and the Royal College of Physicians and Surgeons of Canada. Their work in advancing Indigenous health priorities will contribute to reconciliation at the national level.

As Chair of the CFPC Indigenous Health Committee, Dr. Kitty and her colleagues including Dr. Veronica McKinney are actively involved in Indigenous health and anti-racism activities at the College. A priority for this committee is to educate family physicians and trainees to enable knowledge translation and culturally safe care to help reduce Indigenous health inequities. Her efforts were recently recognized when she received the Dr. Cal Gutkin Family Medicine Ambassador Award at FMF 2021.

Speaker Bio's

Session Speakers



Dr. Adrienne Lindblad
BSP ACPR PharmD

Adrienne Lindblad completed her pharmacy degree from the University of Saskatchewan, her hospital pharmacy residency in Halifax, and her Doctor of Pharmacy from the University of Toronto. In her current role as the Clinical Evidence Expert Lead for the College of Family Physicians of Canada and as a member of PEER, Adrienne is involved with a variety of educational initiatives for primary care, including the popular Tools for Practice and PEER's Simplified Guidelines programs. She is also an Associate Clinical Professor in the Department of Family Medicine at the University of Alberta and has won numerous awards for her work. She is passionate about evidence-based medicine and translating evidence into practice.



Dr. Tessa Laubscher
MBChB, CCFP, FCFP

Dr. Tessa Laubscher earned her medical degree at the University of Cape Town, South Africa. She emigrated to Canada in 1991 and began practising family medicine in Saskatchewan. Over the years she developed interests in diabetes, healthcare quality improvement and education, becoming involved in numerous diabetes-related activities in Saskatchewan and nationally.

Dr. Laubscher "retired" from family medicine in 2018, embarking on the next phase of her career

as a diabetes medical specialist, working primarily in Saskatoon.



Debbie Bunka
BSc.Pharm

Debbie Bunka is an RxFiles Academic Detailer based out of Regina. She has worked on contract with the RxFiles team in various capacities since 2010. She enjoys providing evidence-based practice tips to clinicians, encouraging thoughtful comparison of medications, and building critical thinking around prescribing. One day per week Debbie supports a Saskatchewan Health Authority primary care clinic in Moose Jaw, where she provides comprehensive medication reviews and offers drug information support.



Joelynn Radbourne
RN, BSCN, MN, NP

Joelynn Radbourne (BSN'12) (MN-NP'19) is a nurse practitioner (NP) at Cresecent View Clinic in Moosejaw, SK, providing urgent care management. She spent the last 4 years working at All Nations' Healing Hospital in Fort Qu'Appelle, SK, specializing in Women's Health and Infectious Disease.

She believes the field of medicine is ever-changing, requiring providers to complete self-education to remain current with updated guidelines. Examples of personal opportunities have included a membership with the Society of Obstetricians and Gynecologists of Canada and

Speaker Bio's

Saskatchewan Infectious Disease Care Network (SIDCN), comprising of various education including approved prescribing for HIV and Hepatitis C treatment.

In April 2021, Joelynn was recognized by the International Nurses Association as a Top Nurse Practitioner. Additionally, she was recently appointed to the regulatory council for the College of Registered Nurses of Saskatchewan and is a faculty member with the College of Nursing at the University of Regina.



Dr. Carla Holinaty
MD CCFP

Carla completed her medical degree at the University of Saskatchewan in 2010 and remained in Saskatoon to complete her Family Medicine residency. After residency, she joined a fee-for-service practice at Kenderdine Medical Clinic. In 2016, she joined the U of S Department of Academic Family Medicine at the West Winds Primary Health Centre. Dr. Holinaty is passionate about Family Medicine and enjoys acting as an advocate for the profession. She currently serves as the Vice Present of the Saskatoon Regional Medical Association, the Chair of the Section of Family Practice, a Saskatoon delegate to the SMA Representative Assembly, and a member of the SMA Board of Directors.



Dr. Jennifer Brown Broderick
MD MSc FRCS, DABOG

A practicing engineer, Dr. Brown Broderick later shifted to medicine, graduating from the University of Alberta in 2009. Having completed her residency and fellowship in gynecologic oncology at the University of Ottawa, she practiced for 4 years in Rochester, NY before returning to Canada in July 2020. She is currently a practicing gynecologic oncologist in Saskatoon and assistant professor of oncology at the University of Saskatchewan. Dr. Brown Broderick currently directs several clinical trials as primary site investigator, including Saskatchewan's first ever clinical trial in gynecologic oncology: International Validation Study of Sentinel Node Biopsy in Early Cervical Cancer SENTICOL III/CX6.

Along with other industry led clinical trials, Dr. Brown Broderick's project "Human Papilloma Virus Self-Sampling for Primary Cervical Cancer Screening in Underserved Saskatchewan Women" was recently awarded the RUH Foundation's Women Leading Philanthropy \$100,000 Grant. In addition, the project was part of an industry led internal Roche Global World Cup competition and competed against projects from the Philippines, Argentina, Peru and Thailand. Dr. Brown Broderick's team won this Roche Global competition, allowing for another \$180,000 funding to implement the HPV self-sampling project.

Speaker Bio's



Brooke Bulloch
RD (BSc)

Brooke Bulloch is a Registered Dietitian and CEO at Food to Fit Nutrition. She earned a BSc in Nutrition from the University of Saskatchewan, and her work experience began with the Saskatoon Health Region in 2009.

Brooke has been working in private practice for the past 10 years, and today her practice is comprised of a team of 8 dietitians, and 1 social worker. With offices in both Saskatoon and Regina, Brooke and her team support clients in person and online throughout the province. Each practitioner brings unique clinical expertise to the team which include the following areas: gastrointestinal disorders, thyroid conditions, eating disorders, Intuitive Eating, body image counseling, prenatal and infant care, Polycystic Ovary Syndrome, fertility, and cardiovascular disease prevention and management.

Brooke is an experienced media spokesperson and has been working with media since 2011. Brooke has been featured in a variety of Canadian press including: CBC radio, The Globe and Mail, Huffington Post, Canadian Living, Chatelaine, Cottage Life Magazine, and Inside Fitness. Brooke is a regular guest on Saskatoon's Global News Morning, and since 2019 she has been contributing content for Co-op's in store Table Magazine and online Food Blog.

Brooke values the importance of an inclusive practice and has dedicated much of her time to learning, listening, advocating, changing systems, collaborating, and giving back to the community.

As a working mom and business owner, Brooke values simplicity and sustainability in nutrition planning, along with a curious and flexible non-diet approach to food and eating.



Dr. Radhika Marwah
MBBS MD MSc-AMH CCFP

Dr. Marwah has a background of extensive work as a Pain Physician and Anesthesiologist (in India) and a degree in Community Health specialising in Addictions and Mental Health from the University of Toronto. She has a focused interest in the specialty of Chronic Pain and Opioid Use Disorders and was instrumental in setting up Regina's Chronic Pain Clinic with its innovative approach of integrating traditional Indigenous healing services with modern conventional medicine. She currently works as an Assistant Clinical Professor and Quality Improvement Lead in Academic Family Medicine at the University of Saskatchewan, in Regina and she is the Consulting Pain Physician for the University of Saskatchewan's Chronic Pain Clinic (formerly called MAC-IOPS program). She also provides service within the Saskatchewan Health Authority at the Harm Reduction Clinic in Regina managing clients with opioid and substance use disorders. Her interests are, spending time with family, travelling, road trips and being outdoors in nature.

Speaker Bio's



Dr. Katelyn Halpape
BSP ACPR PharmD BCPP

Katelyn Halpape completed her undergraduate pharmacy degree at the U of S in 2012, her Hospital Pharmacy Residency in Regina in 2013, and her Doctor of Pharmacy degree at UBC in 2015. Katelyn is an Assistant Professor in the areas of psychiatry and neurology with the College of Pharmacy and Nutrition at the U of S. Katelyn has an active clinical practice at the Dube Centre for Mental Health and is the Clinical Lead for the U of S Chronic Pain Clinic.



Dr. Garson Chan
MD FRCSC

Dr. Chan completed medical school at the University of Saskatchewan and his urological surgery training at Western University. He received additional clinical training with a fellowship in reconstructive urology in Melbourne, Australia, where he also practiced prior to returning home. His clinical interests include urethral pathology, urinary incontinence, and pelvic organ prolapse. Dr. Chan has recently performed the first sacral neuromodulation for lower urinary tract dysfunction in Saskatchewan. He is currently involved in creating a new GP specialist role in urology for the Saskatoon area.

In addition to his clinical practice, Dr. Chan has presented at numerous international meetings, co-authored over 50 peer-reviewed articles and abstracts, and serves as a reviewer and section editor for several journals. He has received

several research and education grants and is currently enrolling patients for a minimal invasive clinical trial for OAB. Please contact him if you would like to speak more about this or other collaborative opportunities.



Dr. Sahar Farahmand
MD MSc FMR2

Sahar earned her medical degree at the Shahid Beheshti University of Medical Sciences in Iran. After finishing medical school, Sahar worked in a remote area in South of Iran which sparked a huge interest in pursuing a path in Emergency Medicine. Eventually, she successfully finished three years of Emergency Medicine residency training in Iran and was board certified as an emergency physician before moving to Canada in 2013.

After emigrating to Canada, she followed her passion for medical education and she was quickly enrolled in "Leadership Training in Simulation for Health Education Fellowship" at UBC. After completing the fellowship, she worked as a simulation expert in two of the biggest simulation centres in Vancouver before moving to Saskatchewan. While working full time, she also applied for a Master's degree at UBC, and she recently defended her Master thesis titled "CyberPatient™ - an innovative approach to medical education" and she graduated from UBC in May 2022.

During her time in Vancouver, Sahar worked hard on getting into the Canadian Family Medicine residency training programs and she proudly joined the Department of Academic Family

Speaker Bio's

Medicine in Saskatoon in 2021. She was recently chosen as the 2022 recipient of the "Resident Research Best Overall Project" with her project entitled, "Evaluation of Exposure to Procedural Skills in Family Medicine Training".

**SCFP is proud to support Resident Scholarship Day and is looking forward to Dr. Farahmand's presentation.



Dr. Matt Kushneriuk
MD CCFP PME

Matt completed his medical degree at the University of Saskatchewan in 2014 and remained in Saskatoon to complete his family medicine residency. He completed a Professional Master of Education at Queen's University in 2020. After residency, he joined City Centre Family Physicians in Saskatoon. In 2021, he joined the U of S Department of Academic Family Medicine at the West Winds Primary Health Centre. Dr. Kushneriuk is the DAFM Undergraduate Director for Family Medicine. His academic interests include identifying ways to improve delivery of family medicine components of the undergraduate medical school curriculum at the U of S for both pre-clerkship and clerkship students.



Dr. Mohammed Armanazi
BSc(Hons)

Mohammed Armanazi (BSc [Hons]) is a medical student completing his second year of Medicine at the University of Saskatchewan. He is currently working with the College of Medicine's Department of Academic Family Medicine on a research project exploring medical student career choice decisions in Canada. He will be collecting and analyzing data from medical students, residents, and early career physicians in Saskatchewan. His goal is to inform targeted initiatives dedicated to encouraging medical students to choose family medicine and increasing family physician numbers in the province.

Mohammed is passionate about community health and global health advocacy. To support our primary health care service providers, he has collaborated with the Saskatoon community clinic, refugee health clinic (REACH) and Global Gathering Place to organize medical student volunteer programs and fundraisers.

As the Global Health Liaison of the Student Medical Society of Saskatchewan (SMSS), he helps organize the annual Global Health Conference, which brings the student body, faculty, and speakers together to focus on pertinent themes in health care such as substance use/harm reduction, and newcomer/refugee health. Other personal experiences include hosting refugee panel discussions, non-English language skills in Medicine and promoting HIV/AIDS awareness.

2022 Honours and Awards

Saskatchewan Family Physician of the Year Award



Dr. Razawa Maroof
MBChB CCFP FCFP

This award means so much to me, and I want to start by thanking those who nominated me, and the selection committee. My childhood dream was always to be a doctor. To me, being a doctor meant staring death and disease in the eye and finally having the tools to fight back. I began my medical education in Kurdistan, Iraq, where I received my medical degree at the University of Salaheddin in 1986. I went on to pursue residency in Obstetrics and Gynecology and received my Diploma in 1995 at the University of Baghdad in Iraq. Due to an ongoing genocide and war in my country, I was forced to flee and immigrated to Canada as a refugee. In Canada, I received my CCFP through the University of Saskatchewan in 2002. In 2013, I received my FCFP from the Canadian College of Family Physicians.

Life in Canada was difficult. I was a single mother, and was forced to adapt to a new culture, lifestyle, and way of life. Here, however, I was able to reclaim my freedom, away from the terrors of war, and become my own person. I built a group of precious friends and colleagues and started my practice at the Regina Community Clinic after receiving my CCFP in 2002. I have practiced at the Clinic ever since, alongside a team of talented and kind-hearted physicians, staff, and nurses. In 2019, I began a practice at the Chronic Pain Clinic, where I deal with sensitive patient populations who deal with chronic pain and opioid use disorder. I received training and certification to use neuromodulators for treating migraine headaches and TMJ dysfunction. This work challenges me to open my heart and mind to the suffering of my patients as I do my best to find remedies for their pain or addictions.

My parents were teachers, and now I follow in their footsteps by vigorously engaging with educating the new generation of physicians. In 2006–2013 I was appointed Clinical Assistant Professor by the University of Saskatchewan and began teaching residents and then medical students. In 2015, I was promoted to Associate Professor, and have taught hundreds of students and residents. I primarily teach clinical skills, advanced communication skills, and general medicine, while addressing competencies related to more niche patient

2022 Honours and Awards

Saskatchewan Family Physician of the Year Award (cont'd)

populations, like immigrants and patients with chronic pain. I am actively involved in both undergraduate, and postgraduate medical education, spending almost every week with students.

Given my own history as a refugee, a woman, and a person of colour, a considerable part of my practice interacts with immigrants, women, refugees, and people of colour. At the Regina Community Clinic, I am the physician lead for the Refugee Health Committee. I frequently give refugee health lectures to family medicine and psychiatry residents. As well, I have both published research on and supervised graduate thesis on immigrant and refugee health. I am a SIPPA assessor and evaluator, where I introduce International Medical Graduates to the Canadian health care system, and assessing their competency to practice in Canada. I was also a consultant at planned parenthood in 2008, where I was able to make a difference in many women's lives. As a volunteer, I also put every Saturday between 2010 and 2013 at the

SEARCH program as a mentor for medical, pharmacy, and social work students to help better the lives of the people in the North Central Community and my students.

If my headstone is comprised of 4 things when I pass, I hope it says, kind person, good doctor, good teacher, and good mother. My dedication to these 4 things are a core part of my identity, and they have given me a place on this earth. While the work we do may not be remembered in perpetuity, I would not have spent my life doing anything other than what I do now.

2022 Honours and Awards

SCFP Dr. Michael Krochak Award

For contributions to family medicine in Saskatchewan



Dr. Kevin Wasko
MA MD CCFP(EM) CCPE

Dr. Kevin Wasko is a practicing emergency physician with Trillium Health Partners in Mississauga, ON. He was previously the Physician Executive for Integrated Rural Health with the Saskatchewan Health Authority and was jointly responsible for the delivery of health care services across rural Saskatchewan.

Dr. Wasko grew up on a cattle ranch near Eastend, Saskatchewan. He lived and worked in Swift Current, SK from 2011 to 2022, initially moving there to pursue family medicine residency in the newly created Swift Current training program. He then practiced full scope family medicine in the city prior to taking on the role as Physician Executive in 2017.

Kevin was the Executive Sponsor for the development of Health Networks across Saskatchewan, advancing the vision of an infrastructure that will serve as the organizational unit for the Saskatchewan Health Authority while simultaneously serving as a tool to enable interdisciplinary team-based care in the community.

Dr. Wasko was the physician co-lead on the Saskatchewan Health System Transition Team in 2017, leading work in the areas of physician engagement, medical governance and the academic mandate when a new provincial health authority was launched. He is an assistant professor with the University of Saskatchewan's College of Medicine, was an Action Canada fellow through the Public Policy Forum in 21/22, and is a Surveyor with Accreditation Canada, evaluating Canadian health systems against recognized national standards for quality patient care delivery.

Dr. Wasko is a graduate of the University of Calgary's Cumming School of Medicine. He holds a Bachelor of Arts in political science from Dalhousie University, a Master of Arts in political science from the University of Calgary, a certificate of added competence in Emergency Medicine, and has achieved the Canadian Certified Physician Executive credential.

2022 Honours and Awards

SCFP Awards of Excellence

For contributions to interprofessional care and obstetrical practice in her community.



Dr. Erin Beresh
MD CCFP OSS

Dr. Erin Beresh is a family physician with obstetrical surgical skills (OSS) based in Melfort, SK. She attended the University of Saskatchewan for undergraduate and postgraduate medical studies and completed her certificate of added competency in OSS in Winnipeg, MB. She is in her third year of general rural practice and is working with her local team to improve quality of care and team dynamics as it relates to reproductive healthcare. She is passionate about supporting patient autonomy and providing safe obstetrical care close to home for the families living in the North East.

SCFP Awards of Excellence

For contributions to cultural safety, population health, and well-being in his community.



Dr. Paul Naude
MBChB

Dr. Paul Naude and his family moved to Canada in January of 1993 from South Africa. He started his practice in Loon Lake, Saskatchewan and relocated to Lloydminster, Saskatchewan and Alberta in 1998. His practice interests are maternal health and pediatrics with special interest in the social determinants of health, particularly related to the Indigenous women and children population throughout our Nation.

He has been married to Adel, a family physician for 35 years and they have four children. Outside of medicine and his family his interests include farming and the outdoor life.

Dr. Naude is also an Assistant Professor with the College of Medicine at the University of Saskatchewan.

Photo: Dr. Naude with a family of 7 children; all of whom he delivered!

2022 Honours and Awards

SCFP My Family Doc Rocks Award

Nominated by a Saskatchewan patient who believes their Family Doc Rocks



Dr. Adegboyega Ketiku
MD CCFP ACBOM

Dr. Ketiku obtained his medical degree at the college of medicine, University of Ibadan, Nigeria in 2004, and completed his postgraduate studies at the University of Saskatchewan through the Saskatchewan International Physician Practice Assessment Program (SIPPA) in 2013.

He has practiced the broad spectrum of family medicine both in the rural and urban settings locally and internationally. He has worked in Moose Jaw, Kelvington and now Saskatoon.

Dr. Ketiku is in the business of providing exceptional care for his diverse group of patients from prenatal to the elderly. He enjoys supporting and caring for the elderly, having worked and volunteered with the agency for the aged in Nigeria. He loves to practice the full range of family medicine including care of the elderly, prenatal, preventative medicine, Pediatric's and occupational medicine.

He is involved in the education and training of medical students and residents. He is an Assistant Professor at the College of Medicine, University of Saskatchewan and associate of the Canadian board of occupational medicine ACBOM.

He is also an examiner for the Medical Council of Canada and a practice Supervisor for SIPPA and the College of Physician and Surgeons of Saskatchewan. He served as the general secretary for the Regional medical association of the SMA in the Kelsey Trail health region while practicing in Kelvington. He is committed to advocacy and mentoring of others to achieve their goals.

Dr. Ketiku is happily married to Ibukun and blessed with 3 awesome daughters. He loves and enjoys playing soccer, biking, lawn tennis and travelling. He is grateful to God and appreciative of this humbling award and is thankful for the incredible staff at Willowgrove Medical Group who approach everyday challenges with humour and enthusiasm. It is a special place to work.

2022 Honours and Awards

SCFP Medical Student Leadership Award

This Award recognizes the leadership abilities of one outstanding medical student in their final year of study at the University of Saskatchewan



Photo: Dave Stobbe

Dr. Jessica Froehlich
BSc MD

Jessica grew up in Moose Jaw and completed medical school at the University of Saskatchewan Regina campus. Her excitement for family medicine and community health was reflected early on in medical school through her roles as the co-president of the Family Medicine Club and co-chair of the Health Innovation and Public Policy Conference. She engaged in health advocacy through helping plan the provincial and federal lobby days organized annually by the Student Medical Society of Saskatchewan and Canadian Federation of Medical Students, calling attention to issues such as seniors care, reproductive health, and access to contraception. Jessica credits her most transformative experience in medical school to her time spent in Dillon, a Dené community situated on Treaty 10 territory. As part of her training for the Making the Links Certificate in Global Health, she lived with a family on reserve and took part in community and cultural events, along with attending a weekly remote health clinic. Jessica is a passionate advocate for family medicine, and she cherishes the strong connection, trust, and solidarity that forms between physicians and the communities in which they live and serve. Her dedication to Saskatchewan and its community of people is one of her greatest drivers. She is looking forward to continuing medical training in Saskatchewan through the Family Medicine Residency Program La Ronge site. Outside of medicine she enjoys cooking, camping, reading, and spending time with her family.

EARN MORE CREDITS WITH LINKING LEARNING EXERCISES!

Conference participants may elect to use this program as part of a self-study learning activity to earn additional credits. For more information, please visit:
www.cfpc.ca/Linking_Learning_exercises/





68TH ANNUAL
FAMILY MEDICINE CONFERENCE
September 23rd, 2022

Saskatchewan College of Family Physicians

Address

105 – 2174 Airport Drive
Saskatoon, SK
S7L 6M6

Phone: 306-665-7714

Fax: 306-665-0047

Email: scfp@sk-cfp.ca

Website: sk.cfpc.ca